# UNIVERSITY of FLORIDA

## DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS [EDGAR PART 86] BIENNIAL REVIEW

## Academic Years 2016 – 2017 & 2017 - 2018

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## Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

## 2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
- Ensure that its disciplinary sanctions are consistently enforced.

Dr. W. Kent Fuchs, President

fødi Gentry, Vice President for Human Resources

Dr. David Parrott, Vice President for Student Affairs

59-6002052

**IRS Employer Identification Number** 

## Introduction

The 2018 Drug Free Schools and Communities Act biennial report covers the 2016 – 2017 and 2017 – 2018 academic years (FY 16-18). The report is prepared to meet the requirements of the 1989 amendments to the Drug-Free Schools and Campuses Act, as articulated in Part 86, the Drug-Free Schools and Campuses Regulations. As explained:

In order to certify its compliance with the Part 86 Regulations, an IHE (Institutions of Higher Education) must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Creating a program that complies with the Regulations requires an IHE to do the following:

1.) Prepare a written policy on alcohol and other drugs;

2.) Develop a sound method for distribution of the policy to every student and IHE staff member each year; and

3.) Prepare a biennial report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement

The Drug-Free Schools and Campuses Regulations require IHEs to review their AOD programs and policies every two years. The required review has two objectives:

1.) To determine the effectiveness of, and to implement any needed changes to, the AOD program; and

2.) To ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

## **Biennial Review Process**

This report was compiled by Alicia Baker, MA, MPH, CHES, Assistant Director for GatorWell Health Promotion Services. Departments and their staff that contributed data also include:

- Dean of Students/Student Conduct and Conflict Resolution
  - Amanda Campbell, M.Ed.; Assistant Director, Student Conduct and Conflict Resolution
- University of Florida Police Department
  - o Katherine Moore, M.Ed.; Clery Act Compliance Coordinator
- Counseling and Wellness Center
  - o Ernesto Escoto, PhD.; Director
- Office of Human Resources
  - o Brook Mercier; Director, Employee Relations

• Angie Brown; Assistant Director, Communication Services and Worklife This review began in July 2018 and final draft was completed by December 31, 2018. Alicia Baker contacted relevant departments for data, program listings, and policies related to AOD prevention. Regarding data analysis and assessment:

- Population level data shared comes from GatorWell's Healthy Gators Survey. The survey was a two-form instrument given to 7,500 random students with 1,511 responding (20.1% response rate). SPSS was used to analyze the data, primarily prevalence rates of health behavior.
- Conduct violation and sanction data comes from the Dean of Students' case management system. Arrest records come from University of Florida Police Department's Clery Act reporting data. The data provided in this report from these two entities are sum totals.
- Programmatic data provided from departments in this report are total students seen or total programs/presentations given.

The Biennial Review is primarily housed in GatorWell Health Promotion Services. Copies of the report can be found at GatorWell Health Promotion Services, Suite 1100 Reitz Union. The Biennial Review can also be found online at gatorwell.ufsa.ufl.edu.

Biennial Reviews past and present can be request from GatorWell Health Promotion Services. Contact GatorWell at (352)273-4450 or gatorwell.ufsa.ufl.edu

Federal law requires that the university keep these biennial reports for up to three (3) fiscal years. However, biennial reviews from 2002 on can be requested from GatorWell Health Promotion Services.

## **Annual Policy Notification Process**

UF Human Resources currently notifies employees about the Drug-Free Workplace Statement annually via the UF at Work e-newsletter as well as in the TEAMS/USPS Employee Handbook and will continue to do so. The Drug-Free Workplace statement may also be found online at: <u>https://hr.ufl.edu/forms-policies/policies-managers/drug-free-workplace/</u>

Starting 2019, Annual Policy Notification will also be distributed in the following ways:

- 1.) Digitally through University of Florida email system (students)
- 2.) Digitally through the GatorTimes listserv (students)
- 3.) Posted online on the GatorWell website (public access)
- 4.) Posted online on the Division of Student Affairs Website (public access)
- 5.) Printed and distributed to pertinent offices and departments at the University of Florida

## AOD Prevalence Rate, Incidence Rate, and Trend Data

## Student Data

**On-Campus Incidents and Student Code of Conduct Violations** 

In the Biennial Review period FY 2016 – 2018, Student Conduct and Conflict Resolution reported a total of 1,091 alcohol violations and 297 drug violations of the Student Code of Conduct that were charged and found responsible. When looking at the number of cases/individual students adjudicated and assigned sanctions for these cases, students were assigned the following (NOTE: students may be assigned more than one sanction in their conduct case).

2016-2017 Alcohol and Drug Sanctions				
382 Cases				
Sanction	Total Given			
Reprimand	234			
Alcohol, Drugs, and the Law Seminar	142			
Conduct Probation without Restrictions	85			
Reflection Paper	64			
Addendums	55			
"Other" Designation	36			
Ethical Decision Making Seminar	31			
Get to Know UF	29			
Deferred Suspensions	28			
eCHECK-UP To Go Modules	28			
Substance Use and Abuse Seminar	28			
Conduct Probation with Restrictions	25			
Substance Use Assessment	13			
GatorWell Individual Appointment	8			
Involvement Team Referral	8			
Counseling and Wellness Center Meeting	7			
Project	7			
Back on TRAC Referrals	5			
Apology Letter	4			
Educational Requirements	3			
Strengths Coaching Session	3			
Aware. Awake. Alive. Video	3			
Conduct Alternative Ethical Decision Making Assignment	2			
Guest Speakers	2			
Loss of Student Privileges	2			

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One-on-One Meeting	2
Research Paper	2
Restitution	2
Sober Social Events Calendar	2
Suspension	2
Alcohol 101 Presentation	1
Integrity Reflection Paper	1
M.A.L.E. Program	1
Recovery Support Group	1
UFPD Ride-a-Long	1

2017-2018 Alcohol and Drug Sanctions			
311 Cases			
Sanction	Total Given		
Reprimand	184		
Alcohol, Drugs, and the Law Seminar	113		
Conduct Probation without Restrictions	65		
"Other" Designation	64		
Reflection Papers	51		
Deferred Suspension	30		
Addendum	27		
Conduct Probation with Restrictions	25		
Ethical Decision Making Seminar	24		
Get to Know UF Module	22		
Involvement Team Referrals	17		
Counseling and Wellness Center Meeting	8		
GatorWell Individual Appointments	8		
Project Assignment	8		
Meeting with UFPD/Ride-a-Long	8		
Substance Use Assessment	7		
Letter of Apology	6		
eCHECK-Up Module	5		

Alternative Ethical Decision Making Assignment	3
Loss of University Privileges	3
Restitution	3
Substance Use and Abuse Seminar	3
Back on TRAC Referral	1
CARE Team Consultation	1
Educational Requirement	1
Guest Speaker	1
Repair of Harm through Service Work Hours	1
Research Paper	1
Sober Social Events Calendar	1
Strengths Coaching	1
Suspension	1

## **On-Campus Transports**

Year	Spring	Summer	Fall
2016	39	22	36
2017	44	10	43

### **On-Campus Arrests**

Year	Liquor Law Violations	Drug Law Violations
2016	54	116
2017	30	80

## Healthy Gators Spring 2016 Survey

The most recent prevalence data that the University of Florida has pertaining to substance use is from the Spring 2016 administration of the Healthy Gators Survey (Executive Summary attached in Appendix). The next set of tables show current undergraduate prevalence for substance use on UF's campus.

			Total %	b
Substance:	Never	Not in last 30 days	1 to 29 days	Used daily
Alcohol	13.1	21.8	65.0	0.2
Cigarettes	81.6	13.4	4.9	0.2
Cigars (cigarillos, little cigars such as Swisher Sweets or Black n' Milds)	74.0	19.0	6.6	0.5
Smokeless Tobacco	89.2	9.2	1.2	0.5
Hookah	60.7	36.0	3.3	0.0
Marijuana	55.6	25.2	15.8	3.5
Methamphetamines (ice, crank)	99.3	0.6	0.2	0.0
Club Drugs (Rohypnol, GHB)	96.0	3.5	0.6	0.0

	Male %			Female %				
Substance:	Never	Not in last 30 days	1 to 29 days	Used daily	Never	Not in last 30 days	1-29 days	Used daily
Alcohol	13.7	27.3	58.4	0.6	12.6	19.9	67.5	0.0
Cigarettes	74.1	17.3	8.6	0.0	84.6	11.9	3.2	0.2
Cigars (cigarillos, Black n' Milds)	54.3	30.9	14.2	0.6	81.1	15.1	3.4	0.4
Smokeless Tobacco	78.6	17.6	2.5	0.6	92.9	6.0	0.6	0.4
Hookah	55.6	38.3	6.2	0.0	62.9	35.0	2.2	0.0
Marijuana	53.4	26.7	13.0	6.8	56.1	25.1	16.4	2.4
Methamphetamines (ice, crank)	98.8	1.2	0.0	0.0	99.6	0.2	0.2	0.0
Club Drugs (Rohypnol, GHB)	93.2	5.0	1.9	0.0	97.2	2.6	0.2	0.0

High-Risk Drinking ("Binge" Drinking) Prevalence: Times reported in two-week period

	Total %	Male %	Female %
None	68.8	60.9	71.8
1-4 times	29.6	35.4	27.4
≥5 times	1.5	3.7	0.9

## Prescription Drug Misuse/Abuse

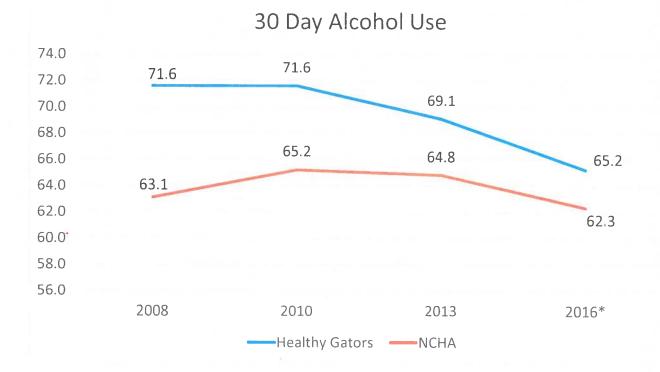
	Total %	Male %	Female %
Antidepressants (e.g. Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)	0.8	0.6	0.8
Pain Relievers	3.4	3.9	3.0
Depressants	2.5	4.0	2.0
Stimulants	7.4	9.9	6.3

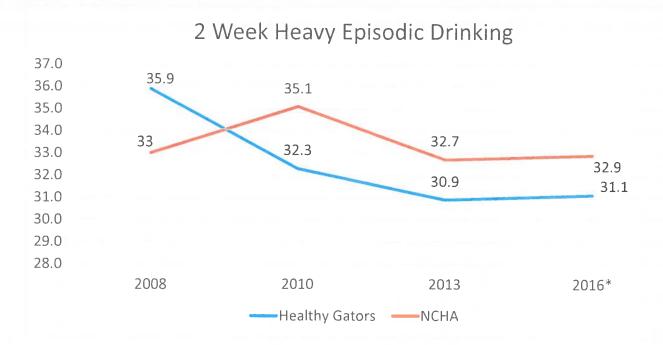
	Total %	Male %	Female %		
Ever Any Rx Drug Use	14.6	17.6	13.2		
Pain Relievers					
Ever in your lifetime	8.9	13.0	7.0		
Past 12 months	3.4	3.9	3.0		
Past 30 days	1.9	3.1	1.4		
Depressants					
Ever in your lifetime	5.5	8.1	4.4		
Past 12 months	2.5	4.0	2.0		
Past 30 days	1.6	3.7	0.8		

Stimulants			
Ever in your lifetime	10.5	12.1	9.8
Past 12 months	7.4	9.9	6.3
Past 30 days	3.9	5.1	3.4

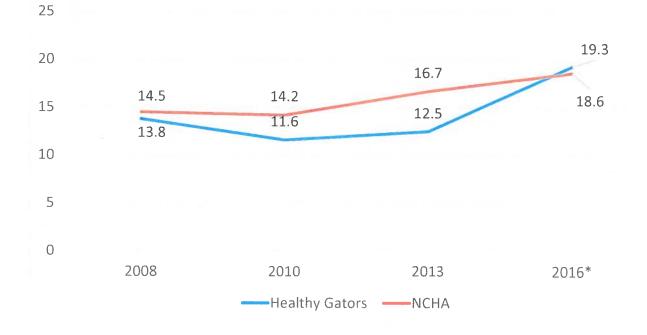
#### **Trend Data**

Below are charts showing trend data since 2008, comparing UF Healthy Gators Survey data with NCHA national data. \*NOTE: 2016 Healthy Gators was an undergraduate sample, so only undergraduate prevalence is represented in that data point for UF.

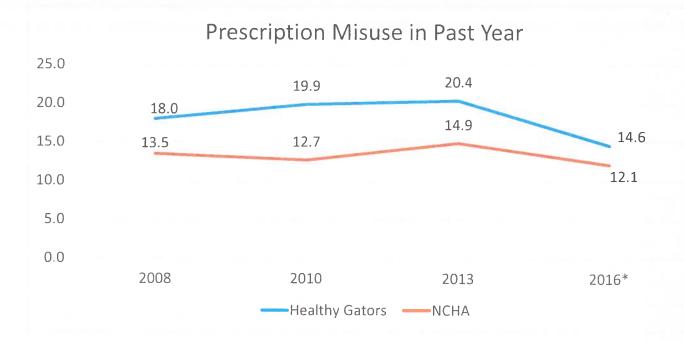




30 Day Marijuana Use



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## **Employee Data**

The University of Florida does not track alcohol and drug use information for its faculty and staff.

## AOD Policy, Enforcement & Compliance Inventory & Related Outcomes/Data

## Federal and State Law and Policy

As a publically funded university, the University of Florida follows all federal law pertaining to substance use. This includes the Drug-Free Schools and Campuses Act as well as the Drug-Free Workplace Act of 1988.

In November 2016, the State of Florida passed by ballot initiative the legalization of medical marijuana. Despite state legalization, the University of Florida educates students and staff that UF abides by federal guidelines and does not allow any marijuana use on campus.

State law prohibits the possession of alcoholic beverages by persons under age 21. Violation of this offense is punishable by a definite term of imprisonment of up to 60 days and/or a \$500 fine; a subsequent offense is punishable by a definite term of imprisonment of up to one year and a fine of \$1,000. Possession of alcoholic beverages by a person under age 21 may also result in curtailment

of driving privileges. No person may sell, give, serve or permit to be served alcoholic beverages to a person under 21, and it is unlawful for a person under 21 to misrepresent his age in order to obtain alcohol. Violation of either of these offenses is also punishable by a definite term of imprisonment of up to 60 days and a fine of \$500. Misrepresentation of age may also lead to curtailment of driving privileges.

Under state law, it is a crime for any person to possess or distribute controlled substances/drugs as described in Section 893.03, Florida Statutes, except as authorized by law. Punishment for such crimes range from first-degree misdemeanors (up to one-year imprisonment and up to a \$1,000 fine) to first-degree felonies (up to 30 years imprisonment and up to a \$10,000 fine). Specifically, possession of fewer than 20 grams of marijuana is punishable with imprisonment of up to one year and a fine of up to \$1,000; possession of more than 20 grams of marijuana is a third-degree felony with imprisonment of up to five years and a fine of up to \$5,000. Trafficking (distributing specified large quantities of various controlled substances) is punishable by a term of imprisonment up to life and a fine of \$25,000 to \$500,000, depending on the particular illicit drug and the quantity involved. Thus, possession of fewer than 28 grams of cocaine is a third-degree felony, while possession of more than 28 grams of cocaine—trafficking in cocaine—is a first-degree felony, punishable with a fine of up to \$250,000 and imprisonment up to life without eligibility for early release. The death penalty may be imposed if a person has brought large quantities of the substances into the state knowing the result would be the death of any person.

## **University of Florida**

The University of Florida has approximately 27 pages of policy related to alcohol and other drug sales, regulations, and violations. In the spirit of the Biennial Review, the following is a general summary of all policies and regulations related to substance use on the campus of the University of Florida.

### University of Florida Regulations

**2.019 Alcoholic Beverages:** The University of Florida outlines locations, advertising, sales, and required logistics needed to sell alcohol on campus property. Each permitted location's leadership designee oversees and sets these regulations, with exceptions only coming from President approval after consultation with the Vice President for Business Affairs.

**2.022 No Smoking and Tobacco Use:** The University of Florida prohibits any tobacco use in all areas of the University campus as well as a 50-foot area surrounding University buildings/facilities. Enforcement is the responsibility of the person in charge of the facility or area and should students refuse to comply with the policy, the Office of Student Activities and Involvement should be contacted.

### **Campus Policy**

**Medical Amnesty Policy:** UF students who needed medical attention as a result of alcohol and/or illegal drug use and are considered for the Medical Amnesty Policy as determined by the Dean of Students Office, are then required to meet with a staff member at GatorWell Health Promotion Services.

### University of Florida Student Code of Conduct

NOTE: In June 2018, the University of Florida approved a revision of the Student Code of Conduct. In this section, you will see the previous and current code, as both were enforced in this biennial period.

Though two versions of the Student Code of Conduct were used in this biennium period, both versions covered violations pertaining to alcohol use, drug use, driving under the influence, hazing, student violation of university policy, and student violation of law. Generally speaking, Student Code of Conduct covers consumption, possession, manufacturing, distributing, or selling alcohol/other drugs as well as possession of paraphernalia, possession of common source containers, excessive rapid alcohol consumption, and use of prescriptions not issued to the student.

#### **UF Housing and Residence Education Community Standards**

No tobacco use is allowed in and around university-owned housing, including Graduate and Family Housing and The Continuum apartment complex. Alcohol possession and consumption is only allowed in private residence areas (rooms and common areas past the lobby) for those that are of legal drinking age, including Graduate and Family Housing and The Continuum apartment complex.

#### University Athletic Association Policies - Students, Guests, and Facilities

*Student Athletes:* Along with following Student Code of Conduct and Honor Code set by the University of Florida, student athletes must also abide by a separate set of rules and policies set within University Athletic Association in conjunction with NCAA and SEC regulations. These rules and policies specify adherence to all NCAA and SEC rules and regulations, adherence to UF rules and policies, and adherence to UAA/NCAA policies on substance abuse education and testing.

*Guests and Facilities:* UAA outlines where alcohol can be purchased, possessed, and served within their facilities. Tobacco use is not permitted within any UAA facility or event. The University also has policy in place for tailgating during home football games, which includes prohibiting common source containers from on-campus tailgating sites.

#### University of Florida Staff and Faculty Policies

Individuals who have been convicted of a felony involving the sale of or trafficking in, or conspiracy to sell or traffic in, a controlled substance under certain circumstances may be disqualified from applying for state employment. Penalties under federal law for drug trafficking generally are greater than penalties under state law. Convictions on drug-related charges also may result in disqualification for federal financial aid. Punishments may include a fine of up to \$8 million and life imprisonment.

**Commercial Motor Vehicle Operator Drug Testing**: The University of Florida is required by the Omnibus Transportation Employee Testing Act of 1991 (OTETA) to conduct physical examinations and alcohol/drug tests on all covered employees and volunteers. A covered employee or volunteer is anyone who must be available to operate or perform maintenance on university commercial motor vehicles. This requirement applies equally regardless of whether an employee or volunteer regularly performs the covered duties or simply acts as a backup.

For more information, please see: https://hr.ufl.edu/forms-policies/policies-managers/drug-testing.

**UF Drug-Free Workplace Statement:** The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance or the unlawful possession and use of alcohol are harmful and prohibited in and on property owned and controlled by the university or any other university. No employee or student is to report to work, class, or any university activity while under the influence of illegal drugs or alcohol. The use of alcoholic beverages by members of the university is at all times subject to the alcoholic beverage laws of the state of Florida, applicable county and city regulations, and the University Alcohol Policy, Regulation 6C1-2.019, Florida Administrative Code. The possession and use of controlled drugs by members of the university community must at all times be in accordance with the provisions of Florida law, the regulations of the Board of Education, and the regulations of the university. Under Florida law, no person may possess substances regulated under the provisions of Chapter 893, Florida Statutes (controlled substances and "designer drugs"), unless dispensed and used pursuant to prescription or otherwise authorized by law.

For more information, please see: https://hr.ufl.edu/forms-policies/policies-managers/drug-free-workplace.

## Alcohol and Other Drug Comprehensive Program /Intervention Inventory & Related Process and Outcomes/Data

## Individual Based Programs/Interventions

#### Students

- **Brief Assessment and Screening for College Students (BASICS):** Started in January 2018, students can participate voluntarily, but primarily intended for students that receive a referral through UF's Medical Amnesty Policy.
  - Number seen from 1/1/18 to 6/30/2018: 32
- Electronic Check-Up to Go (eCHECK-UP) for Alcohol: Students can either take the eCHECK-UP program anonymously on their own time, provide their results to a campus health resource, or be required to take is as part of a conduct sanction.
- **Electronic Check-Up to Go (eCHECK-UP) for Marijuana:** Students can either take the eCHECK-UP program anonymously on their own time, provide their results to a campus health resource, or be required to take is as part of a conduct sanction.
- Online Screening, Brief Intervention, and Referral to Treatment (SBIRT): Using the Higher Education Center's ScreenU tool, GatorWell offers alcohol, marijuana, and prescription screeners for students to anonymously assess their use or take their results to a health resource on campus.
- Individual Assessment programs through counseling: Students can make an appointment with the UF Counseling and Wellness Center (CWC) for an individual substance use assessment. This may also be required as part of a conduct sanction for more severe AOD Code of Conduct violations (or repeat violations).
  - o SASIP Consultations: 40 individual appointments

- **Back on Trac Sanction with Counseling and Wellness Center:** A voluntary program for students facing potential separation from the university due to alcohol/other drugs. The program emphasizes accountability and responsibility while providing on-campus treatment resources, case management, peer-group support, and individually tailored treatment plans.
  - Consultations: 61 with 115 people served
  - Presentations: 2 with 49 people served
  - o Group Counseling: 124 appointments, attendance ranging from 0-16 students
- Individual alcohol education through Counseling and Wellness Center: From July 1, 2016 until December 31, 2017, CWC provided alcohol education with motivational interviewing for students referred through Medical Amnesty Policy.
  - MAP Consultations with CWC: 85
- Individual educational appointments through GatorWell Health Promotion Services: Students can set up an appointment voluntarily or as part of a code of conduct violation sanction to speak with a GatorWell Health Promotion Specialist. A combination of brief motivational interviewing and education, students typically met to discuss either alcohol use, marijuana use, time management issues, or a combination of the three.
- **Referral programs to off-campus treatment providers for students:** Students can be referred to off-campus providers for either individual psychotherapy, in-patient treatment, or out-patient treatment.
- **21**<sup>st</sup> **Birthday Emails:** In coordination with GatorWell and the Dean of Students Office since 2004, students receive an education email for their 21<sup>st</sup> birthday with alcohol risk reduction strategies as well as coupons for ice cream and a movie that could only be used on the day of their birthday.

#### Staff and Faculty:

- **Drug-Free Workplace Statement:** This statement is distributed as policy annually to faculty and staff—most recently in September of 2018: <u>https://news.hr.ufl.edu/campus-climate/our-policies-reflect-our-values/</u>.
- **Employee Assistance Program:** Staff and faculty can receive up to 6 individual, couple, or family sessions through EAP psychologists. EAP staff can provide referrals to other services, including substance use treatment,

## **Group Based Programs/Interventions**

#### Students

- Peer Education
  - GatorWell Health Hut: GatorWell's Health Hut peer education program offers brief educational interventions with students regarding alcohol use during the fall semester (October) and the week before Spring Break.
  - Florida Greek Ambassadors: FGA is a peer education organization that is comprised of UF students affiliated with the Florida Greek Community. This group provides education and outreach on relevant issues and community/university policies as they pertain to Greek Life, including hazing and general bystander intervention education.

- **Freshman Orientation ("Preview") Presentations:** Students receive a presentation on alcohol and drug use on the second day of their 2-day freshman orientation program called "Preview." This presentation is given to all incoming freshman to the University of Florida.
- **Health Communication Campaigns:** GatorWell provides health communication campaigns regularly throughout the year. During this biennial review, campaigns shared content on tailgating safety, risk reduction strategies, and consequences from high-risk drinking.
- **Group Presentations:** Presentations on alcohol and other drug use have been provided primarily by GatorWell, Student Legal Services, Counseling and Wellness Center, and University of Florida Police Department.
  - Presentations given by GatorWell during biennium period: 29
  - Presentations given by CWC during biennium period: 55, reaching 441 people
- Workshops and Seminars:
  - o Substance Use and Abuse Seminar
    - 31 students assigned seminar in biennium period.
  - Success Not Excess: Group workshop discussing use of alcohol and other drugs, developing an understanding of drugs and potential effects, identify warning signs for developing an addiction, and clarify values.
    - 42 appointments with attendance ranging from 0-7 students
- AA or Recovery based groups
  - o UF Collegiate Recovery Community
- Educational programs usually reserved for policy violators that individuals can voluntarily participate in include:
  - Alcohol, Drugs, and the Law Seminar: Educational seminar co-facilitated with GatorWell Health Promotion Services and University of Florida Police Department. This seminar was a 1 hour to 1 hour, 30-minute discussion/lecture on alcohol education and legal consequences of substance use/misuse.
    - Times offered during biennium period: 17
  - o Ethical Decision Making Seminar
    - 55 students assigned seminar in biennium year

## Universal or Entire Population Based Programs/Interventions

#### Students

- **Online Education Module:** All incoming students are required to complete Campus Clarity's "Think About It" online module. While it primarily covers sexual assault prevention, there are also pieces in the module that cover alcohol and drug misuse.
- **Health Communication Campaigns:** GatorWell provides health communication campaigns regularly throughout the year. During this biennial review, campaigns shared content on tailgating safety, risk reduction strategies, and consequences from high-risk drinking.
- Social media campaigns:
  - GatorWell provides regular health communication on alcohol and other drug prevention, particularly during football season and spring break.
  - University of Florida Police Department created a Fake ID campaign to remind students that fake identification is a felony offense. UFPD also uses the Florida Department of Highway Safety and Motor Vehicles' "Drive Baked, Get Busted"
    campaign to remind the UF community that driving under the influence of cannabis is illegal and also can lead to a DUI charge and other traffic citations.

#### **Designated Drive/Safe Ride Programs**

- o SNAP: Student Nighttime Auxiliary Patrol (SNAP) offers free rides to students oncampus as well as surrounding parts close to campus
- o Later Gator: Gainesville Regional Transit System (RTS) offers a late night "Later Gator" extended hours and routes for students that are traveling from downtown and Midtown to campus as well as common locations for student apartment complexes
- Student Government Uber Discount: In April 2017, Student Government began 0 offering an Uber discount for UF students. On Wednesdays to Saturdays from 10 pm to 3 am, students can use a code to receive a discount on their Uber rides on campus and off campus around Archer Road, 13th Street, 34th Street, University Avenue and Southwest Second Avenue.

#### Staff and Faculty

University of Florida Human Resources provides an online employee handbook that includes information on policies (Drug-Free Workplace and Tobacco-Free Campus) and resources for any substance misuse questions, concerns, or services. To access the handbook, go to https://hr.ufl.edu/working-at-uf/employee-handbook/.

## Environmental/Socio-Ecological Based Programs

UF Community Alcohol Coalition (CAC): The CAC meets once a semester for UF, Santa Fe College, Alachua County Schools, City of Gainesville, Gainesville Police Department, and other community members to share updates on AOD data and initiatives as well as provide feedback and offer support for initiatives.

#### **Alcohol-Free Social Options** •

- o Discover Gainesville Series: Sponsored by Off Campus Life, the Discover Gainesville event series gives students a chance to experience new venues, food and culture around town guided by local experts at no cost.
- Midnight Fun Run: Originally created by the Healthy Gators Coalition and facilitated 0 by Recreational Sports, the Midnight Fun Run was held at midnight on the last night of classes during the spring semester to give students another option aside from drinking.
- o Gator Nights: Operated by the Reitz Union, Gator Nights is a weekly program (hosted on Friday nights) that offers free entertainment and food to students. Gator Nights entertainment ranges from films, bands, comedians, crafts, interactive games, and video games among other programming.
- o Brown Center for Leadership and Service: The Brown Center offers volunteer and community service opportunities throughout the year, including Alternative Spring Break trips.
- Game Day Texting System: University Athletic Association uses a game day texting system • for any guest to report problems or request help in the stands. This system allows guests to also report any tobacco, drug, or alcohol use in the stadium, as all three are prohibited.
- **Responsible Beverage Service/Server Education Programs:** The state of Florida does • not require alcohol server training, though there are opportunities to take trainings
  - throughout the year in the community.

- **Enforcing Underage Drinking Law Programs:** With combined efforts from University of Florida Police Department, Gainesville Police Department, and Florida Division of Alcoholic Beverages and Tobacco, the following enforcement programs occur regularly:
  - Compliance Checks
  - Party patrols: Gainesville Police Department established a Party Patrol program where officers monitor neighborhoods with higher student population for noise violations and other factors that could contribute to an unsafe house party environment.
  - o DUI enforcement
  - o ID Checks at on and off- campus bars and establishments
- **Student Activities and Involvement risk management policies:** Student Activities and Involvement requires that all on-campus events sponsored by student organizations have a permit through their office to hold such an event. On-campus events that serve alcohol must submit their permit application at least 21 days in advance and approved 3 days prior to the event dates.
- **Sorority and Fraternity Affairs (SFA) Risk Management:** SFA requires that all Greek Life recruitment/intake/new member events are required to be alcohol-free. Along with following SAI permitting for on-campus events with alcohol, there are extra requirements for Greek Life events (on- and off-campus) regarding guest management and alcohol availability. (See Appendix for full list of requirements.

## Alcohol and Other Drug Comprehensive Program Goals and Objectives for Biennium Period Being Reviewed

In the 2014 – 2016 Biennial Review, the following recommendations were made:

The Community Alcohol Coalition will continue to work towards supporting the various accomplishments included in this report. Overall, University officials should continue to work with the city, county, and state on issues that relate to alcohol and drug use. Special emphasis should be given to high-risk groups such as Greeks, first year students, athletes, and violators of alcohol and drug policy. Depending on the direction of whether marijuana is voted to be legalized in the state of Florida, there may need to be a shift towards increasing initiatives to address marijuana prevalence rates.

Intervention priorities should be directed towards environmental management strategies. Environmental management is based upon the principle that student decisions about AOD use are shaped by physical, social, economic, and legal environment in which the behaviors occur. The cornerstone of this approach includes rigorous strategic planning, the implementation of evidence based practices, and thorough evaluation. Environmental strategies require collaboration and support among key stakeholders.

# Alcohol and Other Drug Goal Achievement and Objective Achievement

Overall, the recommendations made were vague statements of continuation of campus coalitions and environmental strategies. The Community Alcohol Coalition still meets every semester and shares information and data amongst UF, Santa Fe, Alachua County Schools, and City of Gainesville. As hypothesized, medical marijuana became legal in the state of Florida during the 2016 election through a ballot initiative. Because of this, attention has been starting to shift towards addressing that state law does not supersede federal law and any cannabis use on campus is still illegal.

As for environmental strategies - a recommendation written as a blanket concept in the prior report - there have been no discernable changes that have been made due to inability to enforce certain policies as well as lack of collaboration from important community members in the city.

## Alcohol and Other Drug SWOT/C Analysis

#### Strengths

Our institution has a tremendous amount of support from administration to experiment and implement effective prevention initiatives and propose policy that works in the best interest of campus public health and safety. For example, UF Tobacco-Free Campus Policy and policies around alcohol sales restrictions in athletic complexes follows public health research findings that such policies reduce substance use. We also have an active Community Alcohol Coalition – consisting of UF, Santa Fe, Alachua County Schools, and the City of Gainesville representatives – that meets every semester to discuss data, effective interventions, and future interventions and initiatives. This ability to have regular and open communication gives me and other campus partners the opportunity to share ideas and receive feedback from invested colleagues and community members. Finally, staff within the different departments of the Division of Student Affairs and other affiliated departments have been prioritizing collaboration and information sharing to help make better informed decisions around AOD prevention strategies.

#### Weaknesses

When compiling this review, there were several weaknesses identified. While UF has created a sizable inventory of intervention options regarding AOD prevention on our campus, there is not enough consistently collected evaluation or assessment data to prove that these options are effective at reducing recidivism, increasing use of risk reduction strategies when consuming alcohol, or changing normative misperceptions of substance use on campus. Many interventions currently offered are structured to be larger group presentations and/or education-only. When looking at NIAAA's Alcohol Intervention Matrix, individual interventions such as personalized feedback and motivational interviewing tend to show the most effectiveness in reducing underage and high-risk drinking prevalence.

Along with the sizable intervention inventory, UF has an extensive list of policies pertaining to alcohol, tobacco, and illicit drug use. Regarding the enforcement of policy, there is minimal information. While UF has been incredibly proactive and progressive in creating policy to back the best interest of campus public health, it is hard to determine if policies are followed, enforced, or

provide strong consequences that change behavior or reduce any risk that can occur when substances are involved.

#### **Opportunities**

From an opportunistic perspective, national attention from collegiate Alcohol and Other Drug practitioners and administrators has re-envisioned the purpose of the Biennial Review and Annual Policy Notification. While historically seen as a checkbox to fill, practitioners now see the reports as helpful feedback that provides a comprehensive strategic plan to address gaps, make progress on inefficiencies, and look for opportunities to advance prevention work on their campus.

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There is also national attention surrounding hazing deaths due to high risk drinking as well as states continuing to legalize medical and recreational cannabis use. In the past year or so, there have been several universities with students dying from alcohol poisoning by way of hazing. There have been numerous discussions and wholehearted support from campus partners and administrators of AOD prevention initiatives to prevent the same concerns from occurring on the UF campus. Florida has legalized medical marijuana, leading campus partners to become more aware of marijuana use and want to know how we can be proactive should recreational legalization become the next step in state legislature.

Finally, steps are being taken to increase collection of data to prove effectiveness of programming. The Division of Student Affairs created an Office of Student Affairs Assessment and Research to help departments create effective data collection and research projects. In fall 2018, GatorWell Health Promotion Services will be ending their use of the Healthy Gators Survey and will begin using the National College Health Assessment to assess student substance prevalence rates and better benchmark with other universities.

#### Threats/Challenges

The biggest foreseeable challenge is the size of the institution. At over 55,000 students and over 10,000 faculty and staff, a constant balance has to be maintained. Along with offering large scale programming and interventions to make the entire UF community aware of the impact of substance use and misuse, individualized opportunities for feedback, personal reflection, and exploration of use to encourage health behavior change must also be available.

A university this size in this era also has to balance competing interests for student and employee time. Because of well-needed attention regarding Title IX issues, the University of Florida switched from eCHECK-UP to Campus Clarity "Think About It" module for their required incoming student education so that students would meet minimum education on sexual assault prevention as well as alcohol and other drug prevention. We are also required to put out statements, education, and notifications on Clery Act, university regulation compliance, sexual harassment, FERPA, and other policies and procedures federally and ethically mandated to keep the University of Florida in check. Because of all of these competing mandates, it is a challenge to keep Drug-Free School and Campus compliance on the radar and grab the attention of many staff and students.

## **Recommendations for Next Biennium**

- 1.) Annual Policy Notifications must be written. As per DFSCA regulations, the Annual Policy Notification must be written and actively disseminated to all students. It currently is distributed to faculty and staff on annual basis and has been since 1989/1990 either in
- print or electronically.
- 2.) A thorough dissemination plan must be put in place to meet the DFSCA regulations. This includes direct sending of reports to all students and employees via email as well as hard copies given to Student Financial Aid, Grants, and University of Florida Police Department among other pertinent campus partners.
- 3.) Priority should be given to evaluation and data collection. Particularly data showing effectiveness of programming and enforcement of policy.

## Goals and objectives for next Biennium

- Establish and conduct regular meetings for an Alcohol, Tobacco, and Other Drug (ATOD) subcommittee as part of Healthy Gators Coalition.
- Work with the Healthy Gators Alcohol, Tobacco, and Other Drug (ATOD) subcommittee to create a consistent team and schedule for Biennial Review/Annual Policy Notification creation.
- Write Annual Policy Notification and create/establish a template for future notifications for students.
- Establish dissemination procedure for Biennial Review and Annual Notification, particularly addressing that every student must receive the reports in a timely manner similar to how employees currently receive them.
- Use the 2014-2016 Biennial Review as a strategic planning guide for campus partners that provide AOD prevention outreach and programming to improve their work.
- Increase collection of data pertaining to learning outcomes of AOD educational programming from all campus partners.
- Increase collection of relevant data pertaining to behavior and perception change regarding substance use.
- Continue regular meetings with Community Alcohol Coalition to address university and community AOD issues.
- Review current AOD-related policies/regulations for current enforcement and data collection strategies.

## Conclusion

In conclusion, this Biennial Review marks a new appreciation and understanding for the importance of thorough review of current policies and programs for substance use prevention. Oversight of Drug-Free Schools and Campuses compliance was not given the proper amount of attention to detail that current campus stakeholders want and need to further AOD prevention efforts at the University of Florida. Though the previous Biennial Review goals were met, they were written so broad and vague that effectiveness could not be assessed.

The University of Florida has a strong, talented group of professionals that want to take campus AOD prevention to a new level of effectiveness. The biggest task for this group to take on going forward is using this Biennial Review to identify gaps in data collection and policy enforcement to be able to better explain effectiveness of our prevention programming. The second major task is creating a team and schedule to better coordinate the Biennial Review writing as well as Annual Policy Notification writing for students.

The University of Florida looks forward to growing from this new Biennial Review process and implement best practices.